


Please call Michele at 861-6807 to sign up for one of the three Cath Lab Tours which will be given at 4:30, 5:00, and 5:30PM.



Go Red for Healthy Living!

Heart Health Event
Friday, February 12th 4:30pm
Mat-Su Regional Medical Center,
2500 South Woodworth Loop, Palmer, AK


Join us for an entertaining and educational forum focusing on A Heart Healthy Lifestyle. This year's event features a presentation, cath lab tours, and heart-healthy appetizers.

4:30-6:00PM—Cath Lab Tours
We will have three 30min tours.
Due to limited seating, registration is required.

6:00-8:00PM—Signs & Symptoms of a Heart Attack
Meghan Lindstrom, MD, Emergency Physician, Mat-Su Regional Medical Center
presents Signs & Symptoms of a Heart Attack.

This FREE event includes healthy hors d' oeuvres.
Women and men of all ages are invited.
Space is limited, registration is recommended.
Please wear **RED** in support of Heart Disease Awareness.

MAT-SU REGIONAL
MEDICAL CENTER



For more information contact Michele at 861-6807

Follow the link below to register for the 6PM presentation, food, and prizes.
<http://events.constantcontact.com/register/event?llr=oxpviyhab&oeidk=a07ec6y2rus7b0ca443>