



# You've got the power to take control of your health care decisions.



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You have the power to take control of your health care. Educate yourself—learn about all of your options and make smart decisions that are right for you.

Get back to doing the things you love, sooner.

Welcome to BridgeHealth Medical

BridgeHealth Medical empowers employees to actively participate in health care decisions.

**A surgical diagnosis can lead to analysis paralysis**  
Sometimes a patient accepts his or her doctor's surgical recommendation at face value, without taking time to explore other options.

**Understand and consider your options**  
There are often viable alternatives to surgery. But it's up to you, the patient, to learn about them. Perhaps physical therapy or a change in diet and exercise is all you need. Everyone's different. There is no one-size-fits-all answer for any medical situation. This is why it is so important to get educated.

**BridgeHealth provides resources to make smart health care decisions**  
Read about the surgery your doctor suggests in easy-to-understand, "real people" terms. Use interactive tools to visualize the procedure and decide if you're comfortable moving forward.

- Research alternatives to surgery, if you'd really prefer to start with something less invasive - say so! Your doctor won't know unless you speak up.
- Find local, in-network doctors of excellence, board-certified internists. If this tool really fits you, it's for easy, your travel and lodging will be covered. Top quality care is worth the effort.
- Save on out-of-pocket costs. Details vary, but most plans have deductibles and/or out-of-pocket expenses when you use a BridgeHealth network provider!

Take a few minutes and explore the tools and resources available on this site. They will help you work with your doctor, to arrive at the decision that is best for you.

**Explore All of Your Options with BridgeHealth Medical:**

**GENERAL PLAN INFORMATION**

- How BridgeHealth Works
- Contact BridgeHealth

**INTERACTIVE TOOLS**

- CareChek Hospital Rating Tool
- Network Provider Search Tool
- Surgery Decision-Making Tool
- Visualize Your Surgery (coming soon)

**EDUCATIONAL RESOURCES**

- Explore Health Topics
- Learn About Medications
- Consider Your Alternatives

**MEMBER FEEDBACK**

- Give us your feedback
- First-time visitors

Educational content. Interactive, decision-making tools. Provider ratings. Now they're all available to you!

Remember, BridgeHealth Medical is an enhancement to your standard medical plan. It helps you actively engage in surgical decisions *with* your doctor, to ensure you make the choice that works best for *you*. But to engage, you've got to understand the situation you may be facing.

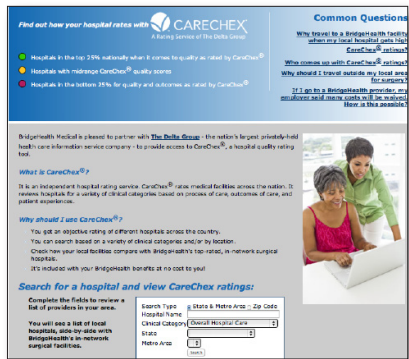
Access a wide range of tools and resources that will help you take an active role in your health care decisions, using the BridgeHealth website ([www.BridgeHealthMedical.com](http://www.BridgeHealthMedical.com)).

**It's easy to learn more**

Go to [www.BridgeHealthMedical.com](http://www.BridgeHealthMedical.com). Click on the Plan Member Login button. If it's your first time using the site, you'll need to register for access using the unique company code listed below. If you've visited the site before, simply sign in using the e-mail address and password you selected.

**Company Code:**

Use this code to register for access to the BridgeHealth website. You will only need to enter it the first time you access the site.



Find out how your hospital rates with CARECHEK. A leading provider of this tool since 1999.

- Hospital in the top 25th nationally when it comes to quality as rated by CareChek®
- Hospital with Medicare CareChek® quality scores
- Hospital in the bottom 25th for quality and outcomes as rated by CareChek®

**Common Questions**

Why travel to a BridgeHealth facility when my local hospital is so close?  
CareChek® ratings

Why should I travel outside my local area?  
For context

It's up to you, BridgeHealth provider, and employee, what makes sense and is realistic. Here is the rationale.

BridgeHealth Medical is pleased to partner with [www.CareChek.com](http://www.CareChek.com), the nation's largest, privately-held health care information services company, to provide access to CareChek®, a hospital quality rating tool.

**What is CareChek®?**  
It is an independent hospital rating service. CareChek® uses medical for-fee services across the nation. It reviews hospitals for a variety of clinical categories based on process of care, outcomes of care, and patient experience.

**Why should I use CareChek®?**  
You get an objective rating of different hospitals across the country. You can search based on a variety of clinical categories and/or by location. Compare your local for-fee compare with BridgeHealth's top rates, in-network surgical hospitals. It's included with your BridgeHealth benefits at no cost to you!

**Search for a hospital and view CareChek ratings:**

Complete the fields to review a list of providers to view more.

You will see a list of local hospitals, site-by-site with BridgeHealth's in-network surgical facilities.

Search Type: State & Metro Area - Zip Code  
Hospital Name: Special Medical Care  
State: [dropdown]  
Metro Area: [dropdown]

Log in to view provider ratings and more!